



POWER VERSES

There are many verses in the battle that will help you wage war on obesity, but these three are my favorites. I suggest you memorize them, and say them often when doing battle. God is our strength.

I can do all things through Christ who strengthens me.
Philippians 4:13 (WEB)

Greater is he that is in me than he that is in the world.
1 John 4:4 (KJV)

“Humanly speaking, it is impossible. But with God everything is possible.” Matthew 19:26b (NLT)